

Ciabatta – Square Whole Wheat 4” x 4”

Nutrition Facts	
6 servings per container	
Serving size	1 Roll
Amount Per Serving	
Calories	240
<small>% Daily Value*</small>	
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 350mg	15%
Total Carbohydrate 44g	16%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vitamin D 0mcg	0%
Calcium 52mg	4%
Iron 1.8mg	10%
Potassium 94mg	2%
Vitamin E	2%
Thiamin	30%
Riboflavin	15%
Niacin	20%
Folate	25%
Magnesium	2%
Zinc	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

ENRICHED BLEACHED WHEAT FLOUR (NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) CALCIUM SULFATE, WATER, WHEAT BRAN, WHEAT BRAN, ETHOXYLATED DIACETYL TARTARIC ACID ESTERS MONO-AND DIGLYCERIDES (DATEM), CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: ENZYMES, POLYSORBATE 60 PRESERVATIVES (PHOSPHORIC ACID SODIUM PROPIONATE) SOYBEAN OIL, ASCORBIC ACID (VITAMIN C) L-CYSTEINE HYDROCHLORIDE, GLUTEN, YEAST, SALT, HONEY, SUGAR, CARAMEL COLOR, VEGETABLE OIL

CONTAINS: WHEAT, SOY

MANUFACTURED IN A FACILITY THAT USES EGGS, MILK AND SESAME SEEDS.

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