

Muffins - Blueberry Medium

Nutrition Facts	
6 servings per container	
Serving size	(62g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 3.5g	4%
Saturated Fat 1g	5%
<i>Trans Fat</i> 0g	
Cholesterol 0mg	0%
Sodium 280mg	11%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 16g	
Includes 15g Added Sugars	30%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 2mg	10%
Potassium 26mg	0%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS:

ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EMULSIFIER (PROPYLENE GLYCOL, MONO-AND DIESTERS OF FATS AND FATTY ACIDS, MONO-AND DIGLYCERIDES, SOY LECITHIN), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SOY FLOUR, BLUEBERRIES, CONTAINS 2% OR LESS OF THE FOLLOWING: EGG WHITES MONO-AND DIGLYCERIDES, MODIFIED FOOD STARCH, NONFAT DRY MILK, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, SOY LECITHIN, SOYBEAN OIL, DEXTROSE, XANTHAN GUM, ARTIFICIAL FLAVOR, CARBOXYMETHYLCELLULOSE.

CONTAINS: WHEAT, SOY, MILK, EGGS.

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