

CORNBREAD – FULL SHEET

Nutrition Facts	
Amount Per Serving	
Calories	247
% Daily Values*	
Total Fat 7.99g	10%
Saturated Fat 2.556g	13%
Trans Fat -	
Polyunsaturated Fat 0.98g	
Monounsaturated Fat 3.886g	
Cholesterol 36mg	12%
Sodium 576mg	25%
Total Carbohydrate 36.89g	13%
Dietary Fiber 3.2g	11%
Sugars 13.45g	
Protein 6.55g	
Vitamin D -	
Calcium 112mg	9%
Iron 1.36mg	8%
Potassium 166mg	4%
Vitamin A 51mcg	6%
Vitamin C 0.1mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

MUFFIN MIX (WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (BLEACHED ENRICHED FLOUR, NIACIN, REDUCED, IRON, THIAMINE, MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CORN SYRUP, MOLASSES, GLYCERIN, NONFAT DRY MILK, CITRIC ACID, BAKING SODA, CORN STARCH, SALT, NATURAL FLAVOR, MONOCALCIUM, PHOSPHATE ENZYMES, POTASSIUM SORBATE) WHOLE WHEAT FLOUR, CANOLA OIL, WHOLE EGGS, WATER, BRAN FLOUR, CORNMEAL FLOUR, CRACKED WHEAT FLOUR.

CONTAINS: WHEAT, EGGS, MILK

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