

PITA – WHOLE WHEAT

Nutrition Facts	
Serving Size 1 Loaf (56g)	
Serving Per Container 6	
Amount Per Serving	
Calories 150 Calories from Fat 10	
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 225mg	9%
Total Carbohydrate 30g	10%
Dietary Fiber 3g	13%
Sugars 2g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	

INGREDIENTS:

STONE-GROUND WHOLE-WHEAT FLOUR, WATER, WHEAT GLUTEN, YEAST, CONTAINS LESS THAN 2% OF EACH OF THE FOLLOWING: SUGAR, SALT, CALCIUM PROPIONATE (ADDED TO MAINTIAN FRESHNESS).

CONTAINS: WHEAT

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