

Muffins – Corn Medium

| Nutrition Facts | |
|--|--------------|
| 6 servings per container | |
| Serving size | (68g) |
| Amount per serving | |
| Calories | 190 |
| % Daily Value* | |
| Total Fat 1.5g | 2% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 140mg | 6% |
| Total Carbohydrate 39g | 14% |
| Dietary Fiber 16g | 57% |
| Total Sugars 16g | |
| Includes 15g Added Sugars | 30% |
| Protein 4g | |
| Vitamin D 0mcg | 0% |
| Calcium 254mg | 20% |
| Iron 2mg | 10% |
| Potassium 54mg | 2% |
| <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small> | |

INGREDIENTS:

ENRICHED BLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, EMULSIFIER (PROPYLENE GLYCOL, MONO-AND DIESTERS OF FATS AND FATTY ACIDS, MONO-AND DIGLYCERIDES, SOY LECITHIN), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), SOY FLOUR, DEGERMED YELLOW CORN MEAL, CONTAINS 2% OR LESS OF THE FOLLOWING: EGG WHITES MONO-AND DIGLYCERIDES, MODIFIED FOOD STARCH, NONFAT DRY MILK, PARTIALLY HYDROGENATED SOYBEAN OIL, SALT, SOY LECITHIN, SOYBEAN OIL, DEXTROSE, XANTHAN GUM, ARTIFICIAL FLAVOR, CARBOXYMETHYLCELLULOSE.

CONTAINS: WHEAT, SOY, MILK, EGGS.

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